HEALTHCARE

A HEALTHY BALANCE
167 MAIN ST
802-579-9644

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>9am - 7pm</td>
<td>3pm - 8pm</td>
<td>9am - 7pm</td>
<td>closed</td>
<td>closed</td>
<td>9am - 3pm</td>
<td>9am - 7pm</td>
</tr>
</tbody>
</table>

Email ahealthybalance@gmail.com
Website www.brattleboromassage.com

ANDERSON CHIROPRACTIC OFFICE
316 WESTERN AVE
802-254-4641

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>8AM-7PM</td>
<td>8AM-5PM</td>
<td>closed</td>
<td>8AM-5PM</td>
<td>8AM-7PM</td>
<td>closed</td>
<td>closed</td>
</tr>
</tbody>
</table>

Email crander@andersonchiropractic.comcastbiz.net
Website http://www.brattleborochiropractor.com
Facebook www.Facebook.com/AndersonChiropracticOffice

ANNA ABELE, ND
1037 WESTERN AVE
802-275-5223

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-5</td>
<td>None</td>
<td>9-5</td>
<td>None</td>
<td>9-12</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email a.a.natural.path@gmail.com
Website www.DrAbele.com

ARCH CLINIC OF ACUPUNCTURE & HERBAL MEDICINE,
83 WESTERN AVE
802-451-6700

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email Info@ArchAcupuncture.com
Website www.ArchAcupuncture.com
Facebook

We provide Acupuncture, Herbal Medicine, Nutritional Counseling, NAET (Nambudripad's Allergy Elimination Techniques), Cupping, and other Traditional Chinese modalities. Please see our website or give us a call for more information. We look forward to seeing you at the office!
AWR ASSOCIATES, LLC

45 WALNUT ST

802-251-0889

MON | TUES | WEDS | THURS | FRI | SAT | SUN
---|------|------|-------|-----|-----|-----
9:00am-6:30pm | None | None | None | None | None | None

Email annie.richards@myfairpoint.net
Website
Facebook

Family psychiatric nurse practitioner who provides mental health services to children ages 0-14 years and families. Additionally, provides consultation to schools, protective services and community providers serving youth.

BAYADA HOME HEALTH CARE

28 VERNON ST

802-251-0909

MON | TUES | WEDS | THURS | FRI | SAT | SUN
---|------|------|-------|-----|-----|-----
Open 24 Hrs | Open 24 Hr | Open 24 Hr | Open 24 Hr | Open 24 Hr | Open 24 Hr | Open 24 Hr

Email
Website http://www.bayada.com
Facebook www.Facebook.com/

BAYADA Home Health Care is a trusted provider of clinical and assistive care services at home for adults of all ages. That’s why clients, families, physicians, and hospitals across the country recommend BAYADA first for exceptional home health care.

BAYADA HOME HEALTH CARE INC

1222 PUTNEY RD

802-490-2099

MON | TUES | WEDS | THURS | FRI | SAT | SUN
---|------|------|-------|-----|-----|-----
8:30 am - 5:00pm | 8:30 am - 5:00pm | 8:30 am - 5:00pm | 8:30 am - 5:00pm | 8:30 am - 5:00pm | 8:30 am - 5:00pm | 8:30 am - 5:00pm

Email
Website https://www.bayada.com/offices/vt/brattleboro/1222-putney-
Facebook

BAYADA Hospice in Brattleboro, VT provides nurses, physicians, therapists, social workers, and home health aides that specialize in hospice care. We know that hospice improves a patient’s quality of life, and we follow through with this by providing services through a multidisciplinary team of health care professionals. Our team focuses on a holistic
### BELCHER-TIMME BARBARA

139 MAIN ST  
802-257-4393  

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>None</td>
<td>7-6</td>
<td>7-6</td>
<td>7-1</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email: drbarb@sover.net  
Website:  
Facebook:  

### BILL PELZ-WALSH, LMHC

167 MAIN ST  
802-258-3914  

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>9am-4pm</td>
<td>9am-4pm</td>
<td>9am-4pm</td>
<td>9am-3pm</td>
<td>9am-2pm</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email: billpelzwalsh@gamil.com  
Website: http://www.  
Facebook: www.Facebook.com/  

### BIOLOGIC INTEGRATIVE HEALTHCARE LLC

205 MAIN ST  
802-275-4732  

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email: info@biologichealthcare.com  
Website: http://www.biologichealthcare.com  
Facebook: www.Facebook.com/BiologicHealthcare  

### BRATTLEBORO ACUPUNCTURE

83 WESTERN AVE  
802-579-7193  

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>None</td>
<td>11-7</td>
<td>10-6</td>
<td>9-4</td>
<td>10-6</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email: AcupunctureVT@gmail.com  
Website: www.brattleboroacupuncture.com  
Facebook:  

---

Doctoral Clinical Psychological Services

Psychotherapy services for individual adults and couples. Emphasis on healthy relationships, emotional regulation, self-esteem and conflict resolution.

We offer family healthcare with a focus on Preventive and Lifestyle Medicine. Biologic Healthcare promotes the healing of acute, chronic and degenerative conditions using an Integrative model to establish the most effective and least invasive treatment plan.

Michelle M Connair, Licensed Acupuncturist offers a multifaceted approach to health and wellness, combining acupuncture, massage, herbal medicine and vibrational energy healing. Her specialties include women’s health, sciatica, back pain, sports injuries, emotional well-being and life transitions.
### BRATTLEBORO AREA OPHTHALMOLOGY
238 WESTERN AVE  
802-257-5111

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>8-4</td>
<td>8-4</td>
<td>8-4</td>
<td>8-4</td>
<td>8-4</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email  
Website [http://www.](http://www.BRATTLEBOROAREAOPHTHALMOLOGY.com)  

---

### BRATTLEBORO FAMILY EYE CARE
328 WESTERN AVE  
802-254-9012

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30-5</td>
<td>8:30-5</td>
<td>8:30-5</td>
<td>8:30-5</td>
<td>8:30-5</td>
<td>8:30-5</td>
<td>8:30-5</td>
</tr>
</tbody>
</table>

Email BFEC@SOVER.NET  
Website [http://www.brattleborofamilyeyecare.com](http://www.brattleborofamilyeyecare.com)  
Facebook [www.Facebook.com/brattleborofamilyeyecare](http://www.Facebook.com/brattleborofamilyeyecare)

---

### BRATTLEBORO MEMORIAL HOSPITAL
17 BELMONT AVE  
802-257-0341

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email  
Website [http://www.BMHVT.org](http://www.BMHVT.org)  
Facebook [www.Facebook.com/BMHVT](http://www.Facebook.com/BMHVT)

---

### BRATTLEBORO ORTHODONTIC SPECIALISTS
54 CHICKERING DR  
802-257-0600

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email smile@brattortho.com  
Website [http://www.bratortho.com](http://www.bratortho.com)  
Facebook [www.Facebook.com/brattortho](http://www.Facebook.com/brattortho)
BRATTLEBORO PRIMARY CARE
21 BELMONT AVE 802-258-3905
MON | TUES | WEDS | THURS | FRI | SAT | SUN
8AM-5PM | None | None | None | None | 9AM-12PM | None

Email
Website http://www.pchpmd.com
Facebook

BRATTLEBORO RETREAT
22 ANNA MARSH LN 802-258-3700
MON | TUES | WEDS | THURS | FRI | SAT | SUN
24/7 | 24/7 | 24/7 | 24/7 | 24/7 | 24/7 | 24/7

Email kvonk@brattlebororetreat.org
Website http://www.brattlebororetreat.org
Facebook www.Facebook.com/brattlebororetreat

BRATTLEBORO WALK-IN CLINIC
191 CLARK AVE 802-251-8484
MON | TUES | WEDS | THURS | FRI | SAT | SUN
None | 5:30pm-7:00pm | None | None | None | None | None

Email brattleborowalkinclinic@gmail.com
Website brattleborowalkinclinic.org
Facebook

CARING CHIROPRACTIC, PLLC
1222 PUTNEY RD 802-490-2056
MON | TUES | WEDS | THURS | FRI | SAT | SUN
12pm-6pm | 9am-6pm | 9am-12pm | 9am-1pm | 9am-12pm | None | None

Email drccares@gmail.com
Website caringchiropractic.net
Facebook CaringChiropractic.com

At the Brattleboro Retreat we believe in providing effective, compassionate mental health and addiction care that is based on scientific evidence and centered on you. Here on our safe, restorative Vermont campus, your well being motivates us while your courage inspires us.

Our mission is to provide primary medical treatment to persons ages 18-64 in our community who do not have health insurance or who cannot afford their high deductible or co-insurance.

Caring Chiropractic uses gentle chiropractic techniques to care for your entire family.
**CENTERED HEALING THERAPEUTIC MASSAGE**

200 CLARK AVE  802-251-0015

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>10am-6pm</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email  CenteredHealingVT@gmail.com
Website  http://www.CenteredHealingVT.com
Facebook  www.Facebook.com/CenteredHealingTherapeuticMassage

Centered Healing Therapeutic Massage is owned by Terye Wohnus, Board Certified with the National Certification Board for Therapeutic Massage & Bodywork. Terye has been practicing therapeutic massage in Brattleboro since 2005. She provides pain relief & stress reduction using a variety of modalities including Deep Tissue, Myofascial Release,

**CENTER FOR HOMEOPATHY**

220 WESTERN AVE  802-254-2928

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-5</td>
<td>9'5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-1</td>
<td>None</td>
</tr>
</tbody>
</table>

Email  homeopat@sover.net
Website  http://www.centerforhomeopathy.org
Facebook  www.Facebook.com/

Comprehensive alternative healthcare for acute and chronic conditions

**COMMUNITY PHYSICAL THERAPY**

74 BROOK ST  802-257-5055

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-6</td>
<td>9-6</td>
<td>9-6</td>
<td>9-6</td>
<td>9-6</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email
Website
Facebook

Skilled and individualized physical therapy in a non-institutional, welcoming and professional environment is provided so maximal health and restoration of pain-free function is attained.

**CONNECTICUT VALLEY ORAL SURGERY ASSOCIATES**

368 CANAL ST  802-254-9418

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>8-5</td>
<td>8-5</td>
<td>8-5</td>
<td>8-5</td>
<td>8-5</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email  www.frontdesk@cvosa.com
Website  http://www.cvosa.com
Facebook

Oral and Maxillofacial Surgery
CORE INTEGRATION VERMONT PLLC
229 WESTERN AVE 802-246-1092

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>10am - 5  pm</td>
<td>10 am - 5 pm</td>
<td>10am - 5 pm</td>
<td>None</td>
<td>10am - 3 pm</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email kimi@coreintegrationvt.com
Website www.coreintegrationvt.com

"COURE-TEMPESTA,” K&M’S HEARTSTORM CRE8STAY
1130 UPPER DUMMERSTON RD 802-689-0453

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email mike@cre8stay.com
Website www.cre8stay.com
Facebook Cre8stay

CRAMER MARRIAGE AND FAMILY THERAPY
14 PARK PL 802-254-5500

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>8 to 6pm</td>
<td>8 to 6mp</td>
<td>8 to 5pm</td>
<td>8 to 5pm</td>
<td>by</td>
<td>none</td>
<td>none</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>apptmtn</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Email jfcvermont@gmail.com
Website http://www.(none)
Facebook www.Facebook.com/ (none)

CURVES OF BRATTLEBORO
972 PUTNEY RD 802-257-3500

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email
Website www.curves.com
Facebook
## DAVID LEVINGSTON

139 MAIN ST  
415-717-0918

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>12pm-8pm</td>
<td>12pm-8pm</td>
<td>12pm-8pm</td>
<td>12pm-8pm</td>
<td>12pm-8pm</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email: dlevingston@gmail.com  
Website: http://www.themissingexperience.com  
Facebook: https://www.facebook.com/DavidLevingstonMFT

## DBA Cramer Marriage & Family Therapy

14 PARK PL  
802-254-5500

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>8am-6pm</td>
<td>8am-6pm</td>
<td>8am-6pm</td>
<td>8am-6pm</td>
<td>by appt</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email: jfcvermont@gmail.com  
Website: none  
Facebook: none

## Deer Ridge Custom Shoes

74 COTTON MILL HL  
802-365-7894

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>9-4:30</td>
<td>9-4:30</td>
<td>None</td>
<td>9-4:30</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email: info@deerridgecustomshoes.com  
Website: http://www.deerridgecustomshoes.com  
Facebook: www.Facebook.com/

## DENTAL HEALTH

1046 WESTERN AVE  
802-254-2384

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>8-5</td>
<td>8-5</td>
<td>8-5</td>
<td>8-7</td>
<td>8-5</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email: brattleboro@affinitydm.com  
Website: http://www.brattleborodentalhealth.com  
Facebook: www.facebook.com/brattleborodentalhealth

---

Therapy and counseling to help individuals and couples with relationships and communication.

Individual, couples and family psychotherapy with special emphasis on aging, mood disorders, family issues including adjustment to divorce or death and trauma recovery.

Deer Ridge Custom Shoes is a truly custom shop specializing in walking shoes to increase comfort and mobility. All footwear is made by hand in our shop based on each individuals unique needs.

Dedicated to keeping our patients healthy for a lifetime.
### DR. JEREMY S. HOFFMAN

**Address:** 31 Fairview St  
**Phone:** 802-257-1700  
**Mon:** 9-5  
**Tues:** 9-5  
**Weds:** 9-330  
**Thurs:** 9-5  
**Fri:** None  
**Sat:** None  
**Sun:** None

**Email:** View on Map

**Website:** http://www.

**Facebook:** www.Facebook.com/

### DR SUZANNE WEST, DMD

**Address:** 93 High St  
**Phone:** 802-254-4770  
**Mon:** 8am-5pm  
**Tues:** Closed  
**Weds:** 8am-5pm  
**Thurs:** 8am-5pm  
**Fri:** 8am-1pm  
**Sat:** Closed  
**Sun:** Closed

**Email:** suzannewestdmd@yahoo.com  
**Website:** View on Map

Dr Suzanne West, DMD is a family dental practice that provides comprehensive dental health. Our goal is to work as a team with our patients to strive and maintain their best oral health. We are gentle, caring and fun.

### EVE BAKER MASSAGE

**Address:** 68 Overlook Dr  
**Phone:** 802-251-6059  
**Mon:** None  
**Tues:** None  
**Weds:** None  
**Thurs:** None  
**Fri:** None  
**Sat:** None  
**Sun:** None

**Email:** evebakermassage@yahoo.com  
**Website:** View on Map

Eve Baker Massage offers therapeutic massage for chronic and acute pain management, injury rehab, and relaxation/wellness. Open Tues.-Sat. by appt only.

### FAVOUR YOUR FEET

**Address:** 220 Western Ave  
**Phone:** 802-490-4053  
**Mon:** 10-6pm  
**Tues:** 10-6pm  
**Weds:** None  
**Thurs:** 10-6pm  
**Fri:** 10-6pm  
**Sat:** None  
**Sun:** None

**Email:** ameliakinney1@gmail.com  
**Website:** View on Map

Favour Your Feet Reflexology specializes in women's care.
FIRST ADVANTAGE DENTAL
80 FLAT ST 802-254-6634
MON | TUES | WEDS | THURS | FRI | SAT | SUN
--- | --- | --- | --- | --- | --- | ---
9-5 | 9-5 | 9-5 | 9-5 | 9-5 | None | None

Email 1stAdvantage@amdpi.com
Website http://www.First Advantage Dental.com

FIVE ELEMENT ACUPUNCTURE
167 MAIN ST 603-369-7965
MON | TUES | WEDS | THURS | FRI | SAT | SUN
--- | --- | --- | --- | --- | --- | ---
9-5 | 9-5 | 9-5 | 9-5 | 9-5 | PRN | PRN

Email pamela@acupuncture5e.com
Website http://www.acupuncture5e.com
Facebook www.Facebook.com/five element acupuncture

FOREST HEAVENS RELAXING MASSAGE
20 TECHNOLOGY DR 802-254-4778
MON | TUES | WEDS | THURS | FRI | SAT | SUN
--- | --- | --- | --- | --- | --- | ---
9-6 | 9-3 | 8-3 | 8-3 | 8-3 | 8-3 | 8-3

Email mbourke25@live.com
Website http://www.forestheavens.com
Facebook www.Facebook.com/

FRANK ILLUZZI DDS
210 WESTERN AVE 802-254-2254
MON | TUES | WEDS | THURS | FRI | SAT | SUN
--- | --- | --- | --- | --- | --- | ---
9am-6pm | 8am-5pm | am by appt. only | None | None | None | None

Email
Website
Facebook

Five Element Acupuncture is a unique style of treatment helping restore one's health back to its natural state, including the body, the mind and the spirit.

Gentle general dentistry serving the Brattleboro area for over 30 years.
### GREEN DRAGON BOTANICALS

**Address:** 48 Elliot St  
**Phone:** 802-246-1090

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>9am-4pm</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Email:** info@greendragonbotanicals.com  
**Website:** www.GreenDragonBotanicals.com  
**Facebook:**

---

### GREEN MOUNTAIN AYURVEDA

**Address:** 63 Western Ave  
**Phone:** 608-338-4369

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Email:** info@greenmountainayurveda.com  
**Website:** http://www.greenmountainayurveda.com  
**Facebook:** www.Facebook.com/greenmountainayurveda

---

### GRUBER CHIROPRACTIC

**Address:** 20 Technology Dr  
**Phone:** 802-254-3300

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>830-630</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Email:** drgruber@gruberchiro.com  
**Website:** http://www.gruberchiro.com  
**Facebook:** www.Facebook.com/gruberchiro/?fref=ts

---

### HABIT OPCO, INC

**Address:** 16 Town Crier Dr  
**Phone:** 802-258-4623

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>6 AM - 2 PM</td>
<td>6 AM - 2 PM</td>
<td>6 AM - 2 PM</td>
<td>6 AM - 2 PM</td>
<td>6 AM - 9 AM</td>
<td>6 AM - 9 AM</td>
<td></td>
</tr>
</tbody>
</table>

**Email:**  
**Website:** www.brattleboroctc.com  
**Facebook:**

---

**Note:** Drawing from Chinese and Ayurvedic Medicine, provide health care treatments and self-care education, including yoga, diet, herbs, movement, massage, and acupressure.

**Note:** Chiropractic health care, pain relief for neck, low back, upper back and headaches.

**Note:** Habit Opco-Brattleboro is a partner in the VT Care Alliance for Opioid Treatment also known as the HUB and SPOKE initiative. A HUB is a regional opioid treatment center responsible for coordinating care support services for patients who have complex addictions with co-occurring substance abuse and mental health conditions.
### HEALING LIGHT CENTER
974 WESTERN AVE  
413-313-7290

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>None</td>
</tr>
</tbody>
</table>

Email: HEALINGLIGHTCENTER8@GMAIL.COM  
Website: WWW.ESTHERMOERTH.COM

### HEALTH CARE AND REHABILITATION SERVICES
51 FAIRVIEW ST  
802-254-6028

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours</td>
<td>8:30am-5:00pm</td>
<td>8:30am-5:00pm</td>
<td>8:30am-5:00pm</td>
<td>8:30am-5:00pm</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email:  
Website: http://www.hcrs.org

Facebook: www.Facebook.com/

### HEALTHY CHANGES VERMONT
441 WEST RIVER RD  
802-254-6201

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours</td>
<td>10am-7pm</td>
<td>10am-7pm</td>
<td>9am-1pm</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email: srosano754@gmail.com  
Website: www.HealthyChangesVT.com

Facebook: https://www.facebook.com/HealthyChangeHypnosis/

### HOLTON HOME, INC
158 WESTERN AVE  
802-254-4155

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours</td>
<td>24 hours</td>
<td>24 hours</td>
<td>24 hours</td>
<td>24 hours</td>
<td>24 hours</td>
<td>24 hours</td>
<td>24 hours</td>
</tr>
</tbody>
</table>

Email: info@holtonhome.org  
Website: www.HoltonHome.org

Facebook: HoltonHome.org

---

HCRS is a Designated Agency providing Community Mental Health, Developmental Disability, Substance Abuse and Residential/Supportive Housing Services to Individuals and Families in the Windham and Windsor Counties.

Residential Care home providing assisted living style services to people over 65 years of age.

Hypnosis is an excellent therapy for you when losing weight, gaining self-confidence, relieving anxieties and eliminating fears, smoking and stress. It is perfectly safe and brings profound results. Change your thoughts … Change your life! The state of hypnosis is deep relaxation during which the mind accepts positive suggestions. It has many benefits.
### HONG LI IN SPA

**Address:** 266 Canal St

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Email**

**Website**

**Facebook**

---

### HORIZON DENTAL ASSOCIATES

**Address:** 72 Landmark Hill Dr

**Phone:** 802-254-9244

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>8am-5pm</td>
<td>8am-5pm</td>
<td>8am-5pm</td>
<td>8am-5pm</td>
<td>8am-2pm</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Email:** info@horizondentalvt.com

**Website:** www.horizondentalvt.com

**Facebook:** www.facebook.com/Horizon-Dental-Associates-

At Horizon Dental we are committed to providing the highest quality dental care in an environment where compassion, comfort, and care aren't just words, they are a Promise.

---

### HUMANITAS MASSAGE, LLC

**Address:** 441 West River Rd

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Email**

**Website**

**Facebook**

---

### INGRID S. LONGO, MSW, LICSW

**Address:** 139 Main St

**Phone:** 802-254-9946

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>None</td>
<td>9am-7pm</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Email**

**Website** http://www.

**Facebook** www.Facebook.com/

Mental health outpatient psychotherapy practice serving adolescents, adults, couples and families.
We specialize in helping people transform their lives and relationships from the inside out. Our approach is collaborative, respectful, and results-oriented. Weaving together the best of western psychology and eastern wisdom, we have developed a uniquely effective approach to helping people come back to the best in themselves and create strong, nourishing, and healthy relationships.

**INNERWELL INTEGRATIVE COUNSELING SERVICES**

262 WESTERN AVE 802-231-2550

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email info@innerwell.org
Website http://www.InnerWell.org
Facebook www.Facebook.com/innerwell

**JANET F CRAMER, MS, LICSW**

14 PARK PL 802-254-5500

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>8am-6pm</td>
<td>8am-6pm</td>
<td>8am-6pm</td>
<td>8am-6pm</td>
<td>by appt</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email jfcvermont@gmail.com
Website none
Facebook none

**JENIFER W. AMBLER, O.D.**

1222 PUTNEY RD 802-254-6900

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30-4</td>
<td>9-5</td>
<td>8:30-4</td>
<td>9-5</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email office@ambleroptometry.com
Website http://www.
Facebook www.Facebook.com/

**JOHN C. DUFF, O.D.**

399 CANAL ST 802-254-6611

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email drjcduff@aol.com
Website
Facebook

Individual, couples and family psychotherapy with an emphasis on issues of aging, mood disorders, and trauma recovery.

Private practice optometry office providing eye examinations, medical eye health exams, eyeglasses, contact lenses.

Optometric practice
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>JOHN L. GLICK, M.D.</td>
<td>19 BELMONT AVE</td>
<td>802-254-9240</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>JONES REBECCA MD</td>
<td>138 ELLIOT ST</td>
<td>802-251-0958</td>
<td>8am-5pm</td>
<td>Closed</td>
<td>8am-5pm</td>
<td>8am-5pm</td>
<td>Closed</td>
<td>Closed</td>
<td>Closed</td>
</tr>
<tr>
<td>KAREN KAMENETZKY MA</td>
<td>165 MAIN ST</td>
<td>802-254-6038</td>
<td>10am-6pm</td>
<td>None</td>
<td>10am-6pm</td>
<td>10am-6pm</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>K &amp; N NAILS</td>
<td>37 MAIN ST</td>
<td>802-258-3939</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>closed</td>
<td>closed</td>
</tr>
</tbody>
</table>
LAILA TOMSOVIC, ND

1037 WESTERN AVE 802-435-1480

Laila Tomsovic is a naturopathic doctor, raised and educated in New England. She feels honored to support people of all ages and cultural backgrounds as they return to wellness. She considers it her job, as naturopathic doctors say, to remove the obstacles to cure. She practices both in Brattleboro and Northampton. Dr. Tomsovic is a member of

MON 9:30-2 TUES None WEDS None THURS 9:30-2 FRI None SAT None SUN None

Email laila@drlaila.com
Website http://www.drlaila.com
Facebook https://www.facebook.com/pages/Laila-Tomsovic-

MAPLE VALLEY PHYSICAL THERAPY

36 CHICKERING DR 802-258-2337

Our goal is to provide the highest quality of physical therapy through personalized care and education. The trained staff are McKenzie certified and have extensive experience with orthopedics and aquatics.

MON 8am-5:00pm TUES 8am-5:00pm WEDS 8am-5:00pm THURS 8am-5:00pm FRI 8am-5:00pm SAT closed SUN closed

Email mvpt1997@yahoo.net
Website http://www.maplevalleypt.net
Facebook

NEW ENGLAND WELLNESS GROUP

20 TECHNOLOGY DR 802-267-4838

The New England Wellness Group is a collaboration of providers whose primary endeavor is improving the health of our communities. We are happy to accept most major insurance plans and welcome Medicare and Medicaid. We will work with your insurance carrier to take the best care of you so you can focus on getting back to the things that matter most.

MON 9am-7pm TUES 9am-7pm WEDS 9am-7pm THURS 9am-7pm FRI 9am-7pm SAT Closed SUN Closed

Email contact@newenglandwellnessgroup.com
Website www.newenglandwellnessgroup.com
Facebook www.facebook.com/NewEnglandWellnessGroupBrattleboroNorth/

ORIGINS ASSOCIATES

15 STRAND AVE 802-251-1057

Origins Associates provides holistic psychotherapy, counseling, and coaching services for individuals and couples.

MON 10am-4pm TUES 10am-4pm WEDS 10am-4pm THURS 10am-4pm FRI 10am-4pm SAT None SUN None

Email info@originsassociates.com
Website http://www.originsassociates.com
Facebook www.Facebook.com/Origins-Associates
# Otter Creek Associates

**Address:** 80 Linden St  
**Phone:** 802-254-2291  

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>9-6</td>
</tr>
<tr>
<td>Tues</td>
<td>9-6</td>
</tr>
<tr>
<td>Weds</td>
<td>8-6</td>
</tr>
<tr>
<td>Thurs</td>
<td>8-6</td>
</tr>
<tr>
<td>Fri</td>
<td>9-5</td>
</tr>
<tr>
<td>Sat</td>
<td>None</td>
</tr>
<tr>
<td>Sun</td>
<td>None</td>
</tr>
</tbody>
</table>

Email: [View on Map](#)  
Website: [www.ottercreekassociates.com](http://www.ottercreekassociates.com)  
Facebook: [ottercreekassociates.com/](http://ottercreekassociates.com/)

Otter Creek Associates provides psychiatry, psychotherapy, and substance abuse counseling services to children, adolescents, and families.

---

# People's Dental D/B/A Dental Health

**Address:** 1046 Western Ave  
**Phone:** 802-254-2384  

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>8-5</td>
</tr>
<tr>
<td>Tues</td>
<td>8-5</td>
</tr>
<tr>
<td>Weds</td>
<td>8-5</td>
</tr>
<tr>
<td>Thurs</td>
<td>8-7</td>
</tr>
<tr>
<td>Fri</td>
<td>8-5</td>
</tr>
<tr>
<td>Sat</td>
<td>None</td>
</tr>
<tr>
<td>Sun</td>
<td>None</td>
</tr>
</tbody>
</table>

Email: fd.brattleboro@affinitydm.com  
Website: [www.brattleborodentalhealth.com](http://www.brattleborodentalhealth.com)  
Facebook: [www.facebook.com/brattleborodentalhealth](http://www.facebook.com/brattleborodentalhealth)

People's Dental D/B/A Dental Health seeks to build long-term relationships with friends who value their teeth and are motivated to keep them forever. Solid decisions are built on good information, open communication, and trust.

---

# Physical Therapy Services of Brattleboro, Inc.

**Address:** 30 Harris Pl  
**Phone:** 802-254-4699  

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>8-2</td>
</tr>
<tr>
<td>Tues</td>
<td>8-7</td>
</tr>
<tr>
<td>Weds</td>
<td>8-6</td>
</tr>
<tr>
<td>Thurs</td>
<td>8-7</td>
</tr>
<tr>
<td>Fri</td>
<td>8-6</td>
</tr>
<tr>
<td>Sat</td>
<td>closed</td>
</tr>
<tr>
<td>Sun</td>
<td>closed</td>
</tr>
</tbody>
</table>

Email: damon@physicaltherapyservice.com  
Website: [http://physicaltherapyservice.com/PTSBratt/PTSB_Home.html](http://physicaltherapyservice.com/PTSBratt/PTSB_Home.html)  
Facebook: [https://www.facebook.com/pages/Physical-Therapy-Services-of-](https://www.facebook.com/pages/Physical-Therapy-Services-of-)

Physical Therapy Services of Brattleboro, Inc. offers outstanding treatment for musculoskeletal injuries as well as work injury prevention, orthotics, dry needling & ergonomic evaluations to mention a few of our areas of expertise.

---

# Pine Heights at Brattleboro

**Address:** 187 Oak Grove Ave  
**Phone:** 802-257-0307  

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>24</td>
</tr>
<tr>
<td>Tues</td>
<td>24</td>
</tr>
<tr>
<td>Weds</td>
<td>24</td>
</tr>
<tr>
<td>Thurs</td>
<td>24</td>
</tr>
<tr>
<td>Fri</td>
<td>24</td>
</tr>
<tr>
<td>Sat</td>
<td>24</td>
</tr>
<tr>
<td>Sun</td>
<td>24</td>
</tr>
</tbody>
</table>

Email: lethomas@nathealthcare.com  

Pine Heights at Brattleboro offers short term skilled nursing and rehabilitation care and long term care.
### PLANNED PARENTHOOD OF NORTHERN NEW ENGLAND

**6 HIGH ST**

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours</td>
<td>11am-6:30pm</td>
<td>9am-5pm</td>
<td>11am-6:30pm</td>
<td>9am-5pm</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

- **Email**: webwizard@ppnne.org
- **Website**: http://www.ppnne.org
- **Facebook**: www.Facebook.com/ppnnehealth

PPNNE is the region's largest reproductive and sexual healthcare provider, serving more than 42,000 women, men and teens across ME, NH and VT each year. Services include birth control, well woman check-ups, STI testing and treatment, pregnancy tests and more.

### PORTIA LAWRENCE MA, R-DMT

**139 MAIN ST**

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours</td>
<td>9-5</td>
<td>9-6</td>
<td>9-6</td>
<td>None</td>
<td>9-3</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

- **Email**: p.o.lawrence@gmail.com
- **Website**: https://www.portialawrence.com/

Offering individual counseling to children, adolescents and adults.

### PROFESSIONAL DENTAL CARE

**72 HIGH ST**

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours</td>
<td>8am-5pm</td>
<td>7am-4:30pm</td>
<td>7am-6pm</td>
<td>7am-6pm</td>
<td>7am-5pm</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

- **Email**: office@prodentalvt.com
- **Website**:
- **Facebook**

Providing comprehensive family dental care with the latest technology in a caring environment.

### RACHELLE ACKERMAN MASSAGE

**72 COTTON MILL HL**

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours</td>
<td>9am-2:30pm</td>
<td>9am-2:30pm</td>
<td>9am-2:30pm</td>
<td>9am-2:30pm</td>
<td>9am-11:30am</td>
<td>9am-1pm</td>
<td>None</td>
</tr>
</tbody>
</table>

- **Email**: rachelleackermanmassage@gmail.com
- **Website**: http://www.
- **Facebook**: www.Facebook.com/

Therapeutic massage for well-being, injury rehabilitation and chronic pain management.
### REBECCA SHWARTZ ND, L.AC

**1037 WESTERN AVE**

**802-490-0722**

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-2</td>
<td>None</td>
<td>None</td>
<td>11-5</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Email** Doctor@DrRebeccaShwartz.com

**Website** www.DrRebeccaShwartz.com

---

### REIKI HEALING ARTS VERMONT

**137 MAPLE ST**

**802-275-7434**

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Email** reikivt@gmail.com

**Website** http://www.reikihealingartsvt.com

**Facebook** www.Facebook.com/Reiki Healing Arts Vermont

---

### RITE AID #00297

**896 PUTNEY RD**

**802-257-5592**

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>8am-9pm</td>
<td>8am-9pm</td>
<td>8am-9pm</td>
<td>8am-9pm</td>
<td>8am-9pm</td>
<td>8am-9pm</td>
<td>9am-6pm</td>
</tr>
</tbody>
</table>

**Email**

**Website** WWW.WALGREENS.COM

---

### SALAM PSYCHIATRIC SERVICES, PLC

**830 WESTERN AVE**

**802-246-0781**

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30am - 3:30pm</td>
<td>9:30am - 3:30pm</td>
<td>None</td>
<td>9:30am - 3:30pm</td>
<td>9:30am - 3:30pm</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Email**

**Website** http://www.

**Facebook** www.Facebook.com/
**SALLY MATTSON LICENSED PSYCHOLOGIST**

38 PARK PL  
802-257-4555

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>11-7</td>
<td>11-7</td>
<td>11-7</td>
<td>11-7</td>
<td>11-7</td>
<td>1-5</td>
<td>None</td>
</tr>
</tbody>
</table>

Email  
Website  
Facebook

---

**SARA JANE MOSS, LICSW**

38 PARK PL  
802-257-2238

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>9am-6pm</td>
<td>9am-6pm</td>
<td>9am-6pm</td>
<td>emergency only</td>
<td>emergency only</td>
<td>emergency only</td>
<td></td>
</tr>
</tbody>
</table>

Email  
Website  
Facebook

---

**SELF NATURE COUNSELING**

139 MAIN ST  
802-490-7999

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email  
Website  
Facebook

---

**SHALL WE DANCE?**

464 PUTNEY RD

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUES</th>
<th>WEDS</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>None</td>
<td>6-8pm</td>
<td>None</td>
<td>None</td>
<td>7-10pm</td>
<td>7-10pm</td>
<td>None</td>
</tr>
</tbody>
</table>

Email  
Website  
Facebook

---

licensed clinical social work, therapist providing treatment for individuals and couples with emotional difficulty. Time limited by availability to accept new clients.

Integrative, Spiritual and Somatic approaches to counseling. Online and in person.

Ballroom Dance lessons and dancing.
### Shiatsu School of Vermont

**Address:**
24 HIGH ST 802-246-0877

**Operating Hours:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-6pm</td>
<td>1-6pm</td>
<td>11am-6pm</td>
<td>11am-6pm</td>
<td>11am-6pm</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Contact:**

- Email: shiatsuvt@gmail.com
- Website: www.shiatsuvt.org
- Facebook: Shiatsu School of Vermont

The Shiatsu School of Vermont offers vocational training as well as outpatient care. Shiatsu is a Japanese medical technique related to acupuncture but using pressure and manipulations to relieve pain and to restore proper function of the entire body. We offer a walk-in clinic, treatments by appointment, and a 500-hour Certified Practitioner.

### SM Healthcare Holdings

**Address:**
20 TECHNOLOGY DR 802-267-4838

**Operating Hours:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>8am-5:30pm</td>
<td>8am-5:30pm</td>
<td>8am-5:30pm</td>
<td>8am-5:30pm</td>
<td>8am-5:30pm</td>
<td>8am-2:00pm</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Contact:**

- Email: View on Map
- Website: View on Map
- Facebook: View on Map

We specialize in the medical and surgical treatment of foot and ankle conditions for adults and children, such as: Heel Pain/Plantar Fasciitis; Bunion; Hammertoe; Sports Related Injuries; Fracture Care; Ingrown Toenails; Fungus Nails; Warts; Arthritis; Infections; Flat Feet; Skin Disorders; Diabetic Foot Care; Wound Care; Forefoot Surgery;

### Southern Vermont Podiatry

**Address:**
382 CANAL ST 802-254-0202

**Operating Hours:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>8am-4pm</td>
<td>8am-4pm</td>
<td>8am-4pm</td>
<td>8am-4pm</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Contact:**

- Email: View on Map
- Website: www.southernvermontpodiatry.com
- Facebook: View on Map

We specialize in the medical and surgical treatment of foot and ankle conditions for adults and children, such as: Heel Pain/Plantar Fasciitis; Bunion; Hammertoe; Sports Related Injuries; Fracture Care; Ingrown Toenails; Fungus Nails; Warts; Arthritis; Infections; Flat Feet; Skin Disorders; Diabetic Foot Care; Wound Care; Forefoot Surgery;

### Tall Trees Associates

**Address:**
70 ORCHARD ST 802-451-9557

**Operating Hours:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>12-8</td>
<td>1-8</td>
<td>1-8</td>
<td>1-8</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

**Contact:**

- Email: laurah.tta@gmail.com
- Website: View on Map
- Facebook: View on Map

Private psychotherapy practice
**TAMARA EVANSON, LICSW**

464 MARLBORO RD  
802-254-0088

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>9-5</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email TamaraEvansonLICSW@gmail.com  
Website http://www.

**THE GATHERING PLACE**

30 TERRACE ST  
802-254-6559

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>8am-5pm</td>
<td>8am-5pm</td>
<td>8am-5pm</td>
<td>8am-5pm</td>
<td>8am-5pm</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Email info@gatheringplacevt.org  
Facebook www.Facebook.com/gatheringplacevt?ref=br_tf

**THE HOTEL PHARMACY**

20 ELLIOT ST  
802-254-2303

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>9-6</td>
<td>9-6</td>
<td>9-6</td>
<td>9-6</td>
<td>9-6</td>
<td>9-5</td>
<td>None</td>
</tr>
</tbody>
</table>

Email contact@hotelrx.com  
Website http://www.hotelrx.com  
Facebook www.Facebook.com/HotelRX

**VCA WINDHAM ANIMAL HOSPITAL**

19 NOAHS LN  
802-254-9412

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>8am-7pm</td>
<td>8am-6pm</td>
<td>8am-6pm</td>
<td>8am-6pm</td>
<td>8am-7pm</td>
<td>8am-2pm</td>
<td>5pm-6pm</td>
</tr>
</tbody>
</table>

Email vcawindham@vca.com  
Website www.vcawindham.com  
Facebook https://www.facebook.com/VCAWindhamAnimalHospital

Private psychotherapy practice accepting child, adolescent, and adult clients; specializing in EMDR to assist with issues related to: attachment, trauma, anxiety, and foster care/adoption.

The Gathering Place provides Adult Day services to promote empowerment, independence and quality of life for our elders, adults with disabilities and their caregivers. We are dedicated to fostering collaborative community partnerships.

Independently owned full service retail pharmacy

Veterinary Services
### VERMONT MEDICAL CENTER

- Address: 73 MAIN ST
- Phone: 802-579-1679
- Website: www.VermontMedicalCenter.com
- Facebook: www.facebook.com/VermontMedicalCenter

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

### VERONICA RILEY

- Address: 1390 HINESBURG RD
- Phone: 802-258-7737
- Email: verariley@myfairpoint.net
- Website: http://www.
- Facebook: www.facebook.com/

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>None</td>
<td>10-12</td>
<td>None</td>
<td>1-5</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

### VISITING NURSE AND HOSPICE OF VERMONT AND NEW HAMPSHIRE

- Address: 1300PUTNEY RD
- Phone: 888-300-8853
- Website: http://www.vnhcare.org

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

### WINDHAM OB GYN ASSOCIATES PC

- Address: 387 CANAL ST
- Phone: 802-254-2324
- Website: http://www.windhamogyn.com

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tues</th>
<th>Weds</th>
<th>Thurs</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>8-4:30</td>
<td>8-4:30</td>
<td>closed</td>
<td>8-4:30</td>
<td>8-4:30</td>
<td>closed</td>
<td>closed</td>
<td></td>
</tr>
</tbody>
</table>